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Thursday, Jan. 9/92

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News Briefs

Favorite recipes sought by Jubilee Committee
 Black Gold Jubilee Committee members are planning a community cookbook as part of this year's festivities. Carrying out the *Celebration of the American Family* theme, the book will feature family favorite recipes. The Jubilee is set for April 19.

Jubilee Chair Sue Teets says "The cookbook is just one of many activities planned to recognize the family. We hope all of our good cooks in the Glades will submit recipes and tell us a little something about how each recipe became a family favorite."

Family favorite recipes may be submitted in the categories of appetizers, breads, soups, salads, vegetables, entrees, and desserts. Recipe forms are available at City Hall, the Chamber of Commerce, and The Sun. All recipes should be submitted by January 31 to Black Gold Jubilee, P.O. Box 774, Belle Glade, Florida 33430.

For further information, contact Sue Teets at 996-0100 or Brenda Bunting at 996-4404.

Booth reservations being accepted for "Fun Day"

Members of the Concerned Youth for Community Improvement, Inc. are making plans for their 9th Annual Martin Luther King, Jr. Celebration and Fun Day in the Park which will be held on Monday, Jan. 20.

The event will be held at the Martin Luther King, Jr. Memorial Park, East 5th Street (next to Greater New Hope Baptist Church) Pahokee.

Booth spaces are available, but participants must call by Friday, Jan. 17 to rent a space. Call Rev. Patricia Wallace at 924-7030 or 924-3344 or Teresa A. Byrnes at 924-2006 or 4-5674.

Community Worship Service planned

Churches in Belle Glade say they will again cross denominational and other barriers on Sunday evening, Jan. 19 to worship together as one church.

The Mt. Zion A.M.E. Church will host the meeting at 7 p.m. Rev. Desmond Harriott will speak. A short video will be shown to promote the community crusade planned for May 7-11 at the old Glades Central Gymnasium. John Jacobs and the Power Team will be at the usade.

Mt. Zion A.M.E. Church is located at 249 S.W. 10th Street and Avenue C in Belle Glade. Everyone is welcome to attend. For more information, call 996-5596.

Pancake Supper

Holy Nativity Episcopal church in Pahokee is hosting their annual Pancake Supper on Tuesday, Feb. 11. The event will be at the church, located at 1020 East Main Street, from 5:30 to 8 p.m. The meal is available for a \$4 donation. For more information, call 924-5337.



UNSUNG NO MORE... Pahokee High School's Robert Morris with Principal May Gamble and Glades Central's Archange D'Haiti received recognition as well as a \$20,000 scholarship for being young leaders in their community. (Not pictured is Pahokee High School's Rachel Barrios.)

Three local teens named Unsung Heroes finally get their due recognition

by Stephanie Schneider Reporter

Three local teens received scholarship awards after being recognized as Unsung Heroes by L.I.F.E. (Leaders In Furthering Education).

Archange D'Haiti from Glades Central Community High School and Robert Morris and Rachel Barrios from Pahokee High School received \$10,000 each in scholarship money. What makes this scholarship so unique is that the money does not go directly to the student. \$5,000 goes to the student's school and \$5,000 goes to the organization to which the student volunteers. The awards were presented by Lois Pope, founder and chairman of L.I.F.E.

The purpose of the Unsung Hero award is recognize students who give back to their communities by volunteering their time to charitable causes.

Archange D'Haiti, 18, is a senior at Glades

Central Community High School. He is the foster child of Patricia Brown.

Archange is under the guardianship of H.R.S. He immigrated from Haiti in 1981 and came to America with the desire to make his new home a better place.

Archange is active in his school and community. He is a member of National Honor Society, Student Council, Cross Country, Wrestling, and Track.

He volunteers his time to the Men of Tomorrow. This is a group of young boys who are guided by older peers. Its purpose is to help young men and boys make wise decisions about their lives that will eventually help them become leaders in their communities.

D'Haiti remarked, "I'm happy to receive this award. It makes my dream of attending either Moorhouse University, Florida A & M, or See Unsung Heroes...page 7



Chatting about his life... Former Miami Dolphins Running Back Mercury Morris tells a large crowd of youth at the First Baptist Church Saturday night that he made many mistakes before he became a Christian.

Mercury Morris speaks to youth at First Baptist

By Brenda Bunting Editor

Fast legs, talent and iron discipline got former Miami Dolphins running back Mercury Morris fame, fortune and three trips to the Super Bowl back in the 1970s.

Fast cars, undisciplined behavior and cocaine charges got him two years in jail in 1984. Morris, who played in Super Bowls 6, 7, and 8, told a large crowd of youth at the First Baptist Church in Belle Glade Saturday night about the fast lifestyle that led to his arrest and his conversion to Christianity while serving time in prison.

Morris, 50, has written a book about his life, titled "Against the Grain."

Rev. Gary Houde, associate pastor at First Baptist, said close to 400 people attended the event which started with a dinner earlier in the evening. Football players from Pahokee High School, Glades Day and Glades Central High attended the dinner and had an opportunity to talk with Morris.

After Morris' talk, an all youth band and singers performed and Comedian Mike Williams entertained the crowd.

Rev. Houde said over 250 people stayed after the event and ate in the fellowship hall.

City seeks 50 acres of PRIDE land to build business park

By Brenda Bunting

Belle Glade City Commissioners voted Monday night to proceed with plans to acquire 50 acres of state trust land to begin development of Belle Glade Business Park.

City manager Lomax Harrell told commissioners the land is currently owned by the Department of Corrections and sub-leased to PRIDE of Florida. PRIDE is currently using the land to cultivate sugarcane.

Harrell will submit a request to the Florida Cabinet in March to purchase the land from the state. The parcel's appraised value is \$187,500.

The city has a Palm Beach County Development Regions Grant of \$50,000 which will help offset some of the cost of the property. The land is located in the southeast corner of the intersection of State Road 60 and Curlee Road, which goes back to the Sugar Cane Growers Cooperative processing plant.

PRIDE indicated in a letter to the city last

month they would also be willing to sell an additional 50 acres adjacent to the property at a later date if the city needed the land.

In other business, the commissioners:

- Approved termination of a lease agreement with the Army Corps of the State of Florida. The Belle Glade Army, located on South Main Street, was used by the Florida National Guard. The city will utilize the site.
- Authorized Barker, Osha and Anderson, Inc. to replace water mains at S.W. Avenue E, East Canal Street North and Duda Loop at a cost not to exceed \$10,300.
- Awarded three contracts to replace old sewer pipes in the city or have them relined at a cost of \$1,325,256.50. The city will take out a loan with the Department of Environmental Protection through a state revolving loan fund for the project. The mayor commented on the reasonable cost of the loan, which has an interest rate of 2.65. The city repay DEP approximately \$100,000 a year.



SIGNING AUTOGRAPHS... Mercury Morris, former running back for the Miami Dolphins, signs an autograph for Trumaine Battle, 16, of Belle Glade.

The weatherman is becoming more accurate

By Mike Lyons

Sometimes, forecasting the weather in Florida is no fun. I can spend hours looking at charts, satellite pictures, Doppler radar and enough computer data to make a hard drive cringe, and it still doesn't help.

The forecast of "sunny skies and mild temperatures" has somehow been transformed into a steady rain with gusts of wind. No wonder my hair is turning gray.

After a frustrating day at the weather office, I'm often reminded of an old weather adage: only a fool would try to forecast the weather in Florida.

Chances are, weather forecasters in other parts of the country feel the same forecasting frustration as I do. Predicting tomorrow's weather is not easy no matter where you live.

However, I still maintain that our weather is much more difficult to predict than weather in other locales. Our tropical climate, the intense sunshine and being nearly surrounded by water all combine to make Florida's weather sometimes unpredictable.

During my career, I've predicted snow storms in Wisconsin, cold waves in Michigan, tornadoes in Kansas and hurricanes in Texas. Florida is my greatest challenge.



Mike Lyons

leage.

The American Meteorological Society (AMS) examined forecasts from around the country to see how accurate we are. As you might suspect, short-term forecasting (under 12 hours in advance) was found to be the most accurate. In the words of the AMS, forecasts up to 12 hours in advance "show considerable skill and utility."

From 12 to 48 hours in advance, the AMS study found that we do particularly well with large storms. While we can't say exactly where or when a severe storm might develop, the study found that forecasters do a good job of predicting which areas will be threatened as much as 48 hours ahead of time.

We're getting much better at forecasting severe storms, too. The National Weather Service is currently installing Doppler

radar around the country. We've got two in our area: Melbourne and Miami. Doppler radar shows meteorologists where tornadoes may be developing.

The study surprised many people with its findings on long-term forecasting. Three to five day forecasts were found to be fairly accurate. In fact, the study said "generally, five day forecasts are now as accurate as three day forecasts a decade ago." The study showed that large storms and major cold waves in particular can be predicted very accurately up to five days in advance.

Beyond five days, however, it gets tougher to come up with an accurate forecast. The AMS study discovered that forecasts for six to ten day periods "are not that accurate." I look for trends when I'm forecasting for a long-term period. Will it warm up next week or remain cool? I don't try to predict actual temperatures.

"Overall, the study said that weather forecasters are getting better at their job. We still make mistakes because Mother Nature is often full of surprises, but today's forecasts are more accurate than ten years ago.

And, ten years from now, we'll be doing an even better job. Of course, by then, my hair will be completely gray.



HE'S A WINNER...Bucky Dobrow, 13, of Belle Glade won a prize for having the right answer to a question posed by Rev. Desmond Harriott Saturday, January 11, at the First Baptist Church. Rev. Harriott introduced guest speaker Mercury Morris, former running back for the Miami Dolphins.

Let's go to the fair

Ask just about anyone what they would like to do this weekend, and odds are the answer will be: "Go to the fair!" The 1997 South Florida Fair opens Friday, January 17 at 10 a.m.

The South Florida Fair is Palm Beach County's oldest and largest event. Established in 1912, it is presented by the South Florida Fair & Palm Beach County Expositions, a non-profit organization. Last year over 697,000 attended the Fair.

Find Canada's foreign but familiar world opened before your eyes in the "O Canada"

Expo at the South Florida Fair. Canada stretches 4,800 miles coast to coast. You will find this Exposition divided into several geographical areas: the Atlantic Coast, Quebec, Ontario, the Prairies, western Canada and the Territories. Explore them all.

School field trips are free to students, teachers and chaperones. Trips are available on Mondays, Thursdays and Fridays only. To arrange a trip, call 561-793-0333.

The Fair hours are: Monday, Thursday, Friday and Saturday, open 10 a.m. Tuesday and Wednesday, open

at 4 p.m. Sunday, open at noon. Every day; all inside tents and buildings close at 10 p.m. Midway stays open later, weather permitting. Midnight Madness is every Saturday night 9:30 p.m. to 2 a.m. Sunset Parade is every evening at 6 p.m.

Admissions prices are as follows: Adult, \$5 in advance, \$8 at gate. Senior, \$5 at gate, \$3 Senior Day. Children 5-11 years, \$2 in advance, \$3 at gate. Children under 5, free. Three day pass, \$12 in advance, \$18 at gate. Hand stamps available for re-entry. Parking is \$3.

International Library of Famous Poets Sponsors Poetry Contest

A \$1,000 prize is being offered in a free poetry contest sponsored by the International Library of Famous Poets. There is no entry fee and everyone is free to enter.

"This is our favorite contest of the year," says Poetry Editor Dr. G. Charles Nash, "because

it encourages beginners. We want to find the best grassroots poets among those writing in Florida, and in the Belle Glades area in particular."

The deadline for entering is January 28, 1997. Poems may be written on any subject, using any style, but please

keep copies as none can be returned. Winners will be notified by the end of June.

To enter, send one poem of 21 lines or less to: Free Poetry Contest, 421 N. Rodeo Drive, Suite 15-544, Beverly Hills, CA 90210.

FAIR INFORMATION

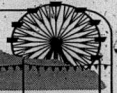
•Special Days•

- Friday, Jan. 17, SUNNY 104.3 Opening Day. 2 for 1 entry, 18 & under, with can of Wynn-Dixie Thrifty Maid food from 10am to 4:30pm. Opening Ceremonies by The Port of Palm Beach.
- Saturday, Jan. 18, Digital City of South Florida Day. Experience this exciting new Online service inside America Online's Computer Trailer. Christian Fellowship Breakfast, 8:27am.
- Sunday, Jan. 19, Family Day.
- Monday, Jan. 20, Dr. Martin Luther King, Jr. Day, 18 & under admitted for \$1 with select Kraft Food products.
- Tuesday, Jan. 21, 18 & under FREE with Daily Deal coupon from The Palm Beach Post. Midway Special! \$1 per person, per ride, all day.
- Wednesday, Jan. 22, 18 & under FREE with Daily Deal coupon from The Palm Beach Post. 2 for 1 rides on Midway. Advance tickets honored at 2 for 1 rate.
- Thursday, Jan. 23, Seniors' Day, 60+, \$3 admission all day.
- Saturday, Jan. 25, Palm Beach Cruise Line Day, win a pair of cruise tickets every hour.
- Sunday, Jan. 26, Super Bowl Sunday, Family Day.
- Tuesday, Jan. 28, McArthur Dairy Day. Buy wristband for \$10 with proof of purchase from McArthur Dairy milk carton. 18 & under FREE with Daily Deal coupon from The Palm Beach Post.
- Wednesday, Jan. 29, 18 & under FREE with Daily Deal coupon from The Palm Beach Post. Midway Special! Five ride tickets, \$1. Rides require regular amount of tickets.
- Thursday, Jan. 30, Florida Lottery Day, Adult admission \$5 with a non-winning Florida Lottery Ticket.

Coral Sky Amphitheatre

- Friday, Jan. 17, The Monkees, 7:30pm.
- Saturday, Jan. 18, Blackhawk, 7:30pm.
- Sunday, Jan. 19, Sawyer Brown, 7:30pm.
- Monday, Jan. 20, The Temptations, 7:30pm.
- Tuesday, Jan. 21, Roy Clark, 7:30pm.
- Wednesday, Jan. 22, Diamond Rio, 7:30pm.
- Thursday, Jan. 23, Opry Day, 2pm & 7pm.
- Friday, Jan. 24, Collin Raye, 7:30pm.
- Saturday, Jan. 25, Alison Krauss & Union Station, 7:30pm.
- Monday, Jan. 27, Emilio, 7:30pm.
- Tuesday, Jan. 28, Louise Mandrell, 7:30pm.
- Wednesday, Jan. 29, Mark Chesnutt, 7:30pm.
- Thursday, Jan. 30, Wheel of Fortune with host Bob Eubanks, 2pm & 7:30pm.
- Friday, Jan. 31, DC Talk, 7:30pm.
- Saturday, Feb. 1, John Michael Montgomery, 7:30pm.
- Sunday, Feb. 2, Nickelodeon presents U Pick Nick, 2pm & 5pm.

Fox ticket information, please call 561-798-FAIR or 1-800-640-FAIR. Seat prices do not include Fair admission with is required to attend Coral Sky shows.



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spotlight on health

The Hidden Heroes Of Alzheimer's Disease

Recent Survey Documents The Story Of Alzheimer's Disease Caregivers

(NAPS)—Mrs. Beverly Jones* is 61 years old and typically works 69 hours a week. She says her responsibilities are "fulfilling," but also calls them "frustrating," "exhausting" and sometimes "painful." She is occasionally depressed and often feels she is not getting enough sleep. She has held her challenging position for nearly four years, but fears she may not be able to fulfill her responsibilities much longer.

Mrs. Jones is not a firefighter, a surgeon or a corporate executive, she is a caregiver for her husband who has Alzheimer's disease. She is a composite of the typical Alzheimer's disease caregiver and her story is painfully familiar to millions of family members struggling to care for loved ones with Alzheimer's disease, a progressive, degenerative brain condition characterized by memory deterioration and a gradual loss of the ability to process thought and perform routine daily tasks.

According to the Alzheimer's Association, approximately four million American adults suffer from Alzheimer's disease. As Alzheimer's disease progresses, symptoms may include disturbances in behavior and appearance, confusion and disorientation. In late stages of Alzheimer's disease, those afflicted are frequently completely dependent on others for care.

A recent survey of 500 Alzheimer's disease caregivers who had previously contacted the Alzheimer's Association found that 96 percent of caregivers feel their lives are above the clouds of love. The survey was conducted



for the Alzheimer's Association by Yankelovich Partners Inc., and supported by an educational grant from Eisai Inc. and Pfizer Inc., allied companies dedicated to advances in Alzheimer's disease therapy.

"When you consider that the Alzheimer's disease caregiver spends, on average, almost the equivalent of two full-time jobs caring for their loved one, it is no wonder they report depression (75 percent), family stress (49 percent) and sleeplessness (45 percent)," said Edward Truscheck, president and CEO of the Association. "We think caregivers deserve recognition for their courage, hard work and determination in the face of the enormous stress of this incurable illness. More importantly, we want them to get the help and support they need."

Little Things Mean A Lot
Caregivers' most important concern is the comfort and quality of life of their loved ones, regardless of the severity of the condition. Small improvements are extremely important to caregivers, especially for loved ones in the early stages of the disease. Eighty-six percent of caregivers strongly

agreed that any improvement in their loved ones' condition, no matter how small, is important, and more than half consider a lack of deterioration an improvement.

The Costs Of Care

Caring for someone with Alzheimer's disease also has significant financial consequences. Forty-nine percent of caregivers reported that they have made financial sacrifices in order to provide better care. Fifty-nine percent have contributed some of their personal income or savings to help pay for care. Sixty-four percent are concerned about having enough money to take care of their own needs as they grow older.

Hope And Help

There is hope and support for the millions with Alzheimer's disease and for those who care for them. The hope lies in the research efforts that continue and in new therapies on the horizon. The support is drawn from the Alzheimer's Association, which provides essential services and education, reminding caregivers that they are not alone.

The Association offers a variety of programs and services for people with Alzheimer's and their families and caregivers through a network of more than 200 chapters nationwide. In October, the 1996 Alzheimer's Association Memory Walk will be held in 200 communities across the country to fund local support programs and services. For more information, call your local chapter or the national Alzheimer's Association at 1-800-272-3900, or visit their Web site at <http://www.alz.org>.

* Not her real name.

Vitamins and Minerals 101:

Test Your Nutrition Knowledge

(DM)—Fall is here and the school season is in full swing, it's prime time to test your nutrition IQ. The following quiz from the Centrum® Center for Nutrition Science focuses on important vitamins and minerals your body needs to stay healthy. Match the vitamin or mineral and its function to its major food sources.



Vitamin or Mineral (U.S. Recommended Dietary Allowance - USRDA)

Vitamin A (5,000 IU) -- Helps you see in dim light; keeps skin, hair, teeth and bones healthy.
Vitamin C (60 mg) -- Keeps teeth and gums healthy; helps body absorb iron; helps heal wounds.
Vitamin E (30 IU) -- Necessary for normal formation of red blood cells and normal cell membranes; necessary for proper functioning of the immune system.
Folate Acid (400 mcg) -- Adequate amounts taken prior to pregnancy may reduce the risk of birth defects of the brain and spine; needed to make the genetic materials RNA and DNA and for the formation of normal red blood cells; helps prevent certain forms of anemia.
Iron (18 mg) -- Low levels can lead to anemia; essential component of red blood cells.

Food Sources

1. Liver, meat, fortified cereals, shellfish, raisins
2. Broccoli, spinach, oranges, beans, rice, liver
3. Citrus fruits and juices, strawberries, tomatoes, broccoli
4. Milk, butter, eggs, liver, fruits and vegetables that contain beta-carotene (carrots, sweet potatoes, cantaloupe)
5. Vegetable oil, nuts, wheat germ

Bonus question: Do your family's eating habits make the grade?

Eating well balanced meals based on the USDA Food Pyramid can help you get all the essential vitamins and minerals. However, if your eating habits don't always measure up, consider talking to your doctor, a registered dietitian or a nutritionist about easy ways to improve your diet and consider taking a complete multivitamin and mineral supplement every day that contains 100% of the Daily Value for essential nutrients.

Source: Centrum® Center for Nutrition Science

Body Fat Monitor

Firms Dieters' Resolve

(NU)—If you've ever tried to change your eating habits and start an exercise program to lose weight, you know how difficult it can be. One way to reinforce your resolve is through regular monitoring of body fat.

Weight alone is not a true indication of a person's overall health. Muscle, for example, weighs more than fat, so your weight can actually increase while you lose fat and gain muscle from working out. Until now, measuring body fat has been inconvenient and in some cases inaccurate. However, a new product combines advanced software technology with a traditional bathroom scale to measure body fat percentages. The Tanita Body Fat Monitor assists in keeping your diet or exercise plan on track.

To use the monitor, simply enter your sex, age and height into the monitor, step on the platform, and the results appear within 30 seconds. The monitor stores your personal data to compare with future readings and can store five people's statistics. For a free brochure on how to create your own daily regimen for reducing your weight and body fat percentage, call 1-800-818-7733.



Eat Right Now

Guiding Your Kids To Better Nutrition

(NAPS)—Today's galloping gourmet are off to an early start—children as young as five and six years old are learning to cook and they are loving it.

That can be a good thing for parents concerned about their children eating well, according to the American Frozen Food Institute.

If kids can be encouraged to discover the joys of cooking, they'll be more likely to run home and make a nutritious snack.

The microwave, for example, is a perfect way to get kids started with the wonders of cooking. With proper safety instructions, they can prepare popular foods like pizza, popcorn, potatoes and pasta. All they have to do is get it hot. And, now with the variety of microwave dinners and entrees for kids, they can get kid-size portions of their favorite meals.

Children can prepare a nutritious breakfast using frozen waffles and a wide variety of frozen fruits, or they can top frozen pizza with cooked frozen vegetables for a lively and healthy treat.

This is especially important as the National Cancer Institute recommends five servings of fruits and



vegetables a day. Using frozen foods and the microwave makes mini-meals easy to prepare and improves the odds of fruits and vegetables being eaten. It also makes cooking safer for beginners.

However, as safe as they are, microwaved foods can become very hot and parents should teach children how to cook them safely.

The American Frozen Food Institute suggests parents show children how to choose microwave-safe utensils, how to safely lift the covers off microwaved foods and to let foods stand a bit after they've been cooked.

Here are some kid-size cooking tips from AFFI:

- Always use oven mitts.
- Limit ingredients to less than

six and steps to three. Work with semi-prepared ingredients, like frozen dough and sauce mixes. Steam or microwave frozen vegetables, place on a frozen pizza and heat up in the oven.

The Use a cookbook especially designed for kids or work through a favorite recipe to simplify the steps and make substitutions.

Rely on the variety of nutritious frozen entrees and dinners in your frozen food department to solve your dinner dilemma and gain quality time with the children.

FREE OFFERS

For free children's recipes and a customized, kid-sized oven (supplies limited), please write American Frozen Food Institute, Remline Corporation, 139 Chestnut Hill Rd, Newark, Delaware 19713.

Also, include a tip for a creative meal solution using frozen foods and you will be eligible to win a free children's cookbook at random!



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Everglades Center
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OPINION PAGE



Feel strongly about local issues?



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To voice your opinion on any subject, call **Speak Out** at 996-6636, 24 hours a day. Readers can use this special number to pose questions, voice complaints, express opinions or put somebody on the back. Unlike letters to the editor, **Speak Out** is designed for anonymous expression of opinions. We edit calls for clarity, brevity, relevance and fairness.

What You Should Know About Life Insurance, Annuities

By: Bill Nelson

State Treasurer & Insurance Commissioner.

As the new year begins, many of us at the Department of Insurance are busy preparing for a state administrative hearing at which we will be given the opportunity to prove the sales-abuse charges I recently filed against the nation's largest life insurance company.

In December, I ordered Prudential Insurance Company to show why it should be allowed to continue selling life insurance policies in Florida - in light of deceptive sales tactics found in our investigation focusing on "churning" activities. Churning is an illegal practice in which agents mislead or deceive customers into using built-up cash value of their older life insurance policies to finance a new, and sometimes unneeded, one.

My primary goal is to ensure that Prudential provides full restitution to the many thousands of Florida consumers we believe were victimized in "churning" schemes that occurred in Florida between 1982 and 1995.

Meantime, because life insurance represents a considerable investment on your part, I feel it is important that you understand your life insurance needs, as well as the products available to meet them. For this reason, I want to offer a few simple tips for your life insurance shopping - so that your premium dollars will do what you want them to do.

• Shop around. Compare plans from more than one company.

• Read your contract. You have a 10-day free look period that starts once the policy is in your hands.

• Look at the guarantee. Consider the guaranteed rate of cash value accumulation, as well as the projected rate. The projected rate is based on current and anticipated future interest rates, but it is not guaranteed.

• Get documents. Make sure your agent provides you with a "cost index" and a "buyers guide to life insurance."

• Be aware of penalties. Make sure your agent explains the severity of any surrender charges.

To make your life insurance decision easier, the Department of Insurance publishes a "Life Insurance & Annuities Consumer's Guide." Besides details about life insurance products, this guide also contains useful information about annuities. The guide is free.

You can order one by calling our toll-free Insurance Consumer Helpline at 1-800-342-2762. TDD (Telecommunications Device for the Deaf) users can call 1-800-640-0886. You also can download a copy of the guide by visiting our new Internet site: <http://www.doi.state.fl.us>

The life insurance and other consumer guides may be accessed by clicking on the consumer menu located at the bottom of the first screen.

Bluegrass Festival set for Jan. 16-19 in Yeehaw Junction

It's that time of year again so knock the cow manure off your boots and pick the hayseeds from your hair and head to Yeehaw Junction and the Third Annual Oldtime Bluegrass Festival. For four days, starting Thursday, Jan. 16 through Sunday, Jan. 19 fiddle and banjo music will ring out across the fields of the historic junction.

Headliners include the Gillis Brothers, Randall Hylton and James King Band. Other scheduled to appear include Whitey Rands, Panshelle Band, South Ocean String Band, Red Wing, Gilbert Hancock and Friends, Blue Angel, Palms Bluegrass Band, Rambling Rose Band, Doug Cloud and Country Line, Bluegrass Heritage, Flatland, Cajun Dave, James Rogers, Bluegrass Parlor Band and Clean Break.

What began in January of 1994 has grown each year to make the Yeehaw Junction's his-

toric Desert Inn in of the top Bluegrass and acoustic events in the state. Premier acts come from all over the state ranging from South Dale in the south to Jacksonville and Pensacola to the north. All roads lead to Yeehaw Junction making this area part of the hub of Florida.

Bluegrass music is described as the roots of Country Music, existing in the days before electronic instruments enveloped the country field. It is a combination of mountain folk and hillbilly front porch strings sound of Appalachia mixed with a touch of Blues and a dab of Acadian or Cajun sounds combined at times with hints of western swing and cowboy ballads and some modern jazz styles. YEEHAW!

The music basically involves six stringed instruments: the fiddle, banjo, guitar, mandolin, base fiddle and the dobro; which is also known

See Bluegrass Music, Page 5



"LEFT OVER MIX 'N MATCH IS MY FAVORITE RECIPE... EVERY TIME I MENTION IT MY HUSBAND SUGGESTS WE EAT OUT."

Letter to the Editor

Dear Editor:

A special "Thank You" from the West County Senior Citizens Center to the following businesses and individuals who made or helped make 1996 comfortable and successful for the center.

Thank you to Royal's Furniture Store, Belle Glade for the 25 inch color television; to the students at Lake Shore Middle School for canned goods at Thanksgiving; U-Save Supermarket, Belle Glade, for the brown bags for bagging

Christmas presents; Maxine Darville, for Christmas gifts for the seniors; and Pioneer Growers for fresh corn for the holiday seasons, both Thanksgiving and Christmas.

Seniors 60 and older are welcome to come to the center and take part in the many activities and enjoy a hot, nutritional and balanced meal. Thanks again.

Effie McNair
Senior Center Manager

Juvenile Justice Commitment Capacity Increases by 127 percent

TALLAHASSEE—There is good news on the forefront for the state's Department of Juvenile Justice. According to Secretary Calvin Ross, the commitment capacity of Florida's juvenile justice system has increased by 127 percent since the new department became operational in 1994.

"Delinquency cases received by the Department of Juvenile Justice reached over 171,000 in 1995-96. That's a nine percent increase in referrals since the department began," explained Ross. "At the same time the system's capacity for dealing with these youth was rebuilding from a low point of 2,841 beds and slots in 1993-94 to our current capacity of 6,471 bed slots."

In a recent interview in Tallahassee, Ross gave an overview of the tremendous strain that the juvenile justice system has been under since the late 1980s and early 1990s. He gave much credit for the rebuilding effort to local governments, community leaders, and the Juvenile Justice boards and councils who have worked together at the local level to put new programs, services and facilities in place.

"The department has opened a total of 3,630 new residential treatment beds and non-residential slots since July 1994," said Ross. "None

of this would have been possible without concerned people in local communities working side by side with juvenile justice staff to bring these programs on line." Plans are underway to open another 1,630 beds and slots by the end of fiscal year 1996-97.

"Even though we've made tremendous progress, it doesn't mean we can just sit back and relax," said Ross. "As long as the rate of delinquency referrals continues to grow, we must have the capacity available to meet that need. At the same time, we need to concentrate more of our efforts on community-based prevention and diversion programs to keep young people from entering the juvenile justice system to begin with," Ross stressed that funding for such programs will be based on specific local needs identified and recommended by the juvenile justice county councils and district boards.

The department expects to award grants totaling more than \$6.7 million in the coming weeks to fund prevention and diversion projects, after school diversion programs, mentoring programs in high crime neighborhoods, and minority overrepresentation projects in seven pilot sites.

The announcement of those grant awards will be made in January 1997.

Going to the Caribbean? Buyer beware!

"I adore your hair," said the stranger, "but it would look better on me." Before I could utter a word she pulled out scissors, cut off my long locks, and turned and walked away, taking my hair with her.

Sounds ridiculous, right? Unfortunately this type of scene is played out almost daily between Caribbean tourists and sea turtles, with two startling differences - people want their shells and turtles can't grow new ones.

"Tortoiseshell is one of the most beautiful products tourists to the Caribbean will be tempted to buy and bring back to the United States," said Sue Ellen Smith, communications coordinator for the nonprofit Sea Turtle Survival League. "Not resisting that temptation, however, will lead to the extinction of endangered sea turtles and might get the buyer into trouble."

Because all species of sea turtles are threatened or endangered, they are often hard to enforce, so turtle products such as tortoiseshell combs and jewelry, turtle oil, turtle eggs and other food products still wind up in the suitcases of travelers, violating not only the laws in these countries but also U.S. domestic law under the Lacey Act. And even if you purchase these items legally in another country, bringing them into the U.S. is a violation of the Endangered Species Act.

"If you're caught bringing these products into the U.S., they will be seized and you might have to pay sizable fines," Smith said. "That's not a good way to end a vacation."

Knowledge is power when it comes to avoiding trouble with U.S. wildlife and customs authorities. Learn before you go to the Caribbean what you can and cannot bring back to the U.S.

In addition to sea turtle products, other things you can't legally bring home include products made from Black Coral, Conch shells, crocodilian skins, or spotted cat skins.

Many species of parrots are also endangered and cannot be legally brought into the U.S. If you're unsure whether the product you want to buy is legal, it's probably better to leave it rather than risk getting caught with it in the U.S.

"When we visit someplace as beautiful as the Caribbean it's natural to want to bring a piece of it back with us," Smith said. "But we have to be aware that some of the things we are tempted to buy are made from endangered animals such as sea turtles. By purchasing these products we are encouraging the illegal trade of endangered wildlife and contributing to the extinction of many animal species."

To learn more contact the Division of Law Enforcement, U.S. Fish and Wildlife Service, P.O. Box 347, Arlington, Va. 22203-3247 or call the Sea Turtle Survival League at (800) 678-7853. You can visit the STSL web site at <http://www.ccturtle.org>.

Sea Turtle Survival League is a program of the nonprofit Caribbean Conservation Corporation, the world's oldest nonprofit sea turtle conservation and research organization.

THE SUN

417 N.W. 16th Street • Suite 6
Belle Glade, FL 33439 • (561) 996-4404

A PLEDGE TO OUR READERS

We pledge...

- ✓ To operate this newspaper as a public trust.
- ✓ To help our community become a better place to live and work, through our dedication to conscientious journalism.
- ✓ To provide the information citizens need to make their own decisions about public issues.
- ✓ To report the news with honesty, accuracy, purposeful neutrality, fairness, objectivity, fearlessness and compassion.
- ✓ To use our opinion pages to facilitate community debate, not to dominate it with our own opinions.
- ✓ To correct our errors, and to give each correction the prominence it deserves.
- ✓ To provide a right to reply to those about whom we write.
- ✓ To treat people with courtesy, respect and compassion.

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We will not knowingly accept any advertising for real estate which is in violation of the law. All persons are hereby informed that all dwellings advertised are available on an equal opportunity basis.

TERMS - The liability of the publisher on account of errors or omissions from any advertisement will in no way exceed the amount of the charge for the space occupied by the item in error, and then only for the first incorrect insertion.

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Stephanie Schneider...Staff writer

Yvonne Jones...Office Manager

Paula Whitehead...Ad director/Co-op sales

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Lee Lewis...Graphics

Ana Elrod...Darkroom Technician

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Time is running out to enter the Largest Vegetable Contest at the South Florida Fair

The Palm Beach County Cooperative Extension Service and the South Florida Fair are sponsoring a Largest Vegetable Contest this year to recognize local vegetable growers.

The contest is open to anyone growing vegetables including commercial growers, however, the vegetables entered must be grown by the exhibitor.

The Largest Vegetable Contest, which is held annual on the opening day of the South Florida Fair, has six prize categories ranging from \$25 to \$200 for adults 18 years and up and youth under 18 years.

Twenty-five common vegetables, including some tropical vegetables, are eligible for

entries.

To enter the Largest Vegetable Contest simply bring your vegetable to the fairgrounds on opening day between 10 a.m. and noon and take the vegetable to Building 5, which is the Extension Building. There you can fill out the registration form, have the vegetable weighed and at noon the winners will be announced.

The winner will be determined by multiplying the weight of a specimen in ounces by the points per ounce with the largest score being the top winner. No more than one prize, however, can be awarded to a person.

This is an excellent way for

home gardeners to get recognition at the fair for their gardening expertise and the winning vegetables will be on display in Building #5 at the South Florida Fair during the course of the Fair from Friday, January 17 through Sunday, February 2.

For information on the South Florida Fair's Largest Vegetable Contest, you can contact the fair at 561-793-0833 or the Palm Beach County Cooperative Extension Service at 233-1750.

Application blanks are also available at the fairgrounds, Extension offices and many local retail garden centers and nurseries.



Driving Miss Daisy will be performed at the Dolly Hand Cultural Arts Center Saturday, Jan. 18, at 7:30 p.m. Call 992-6160 for ticket information.

Bluegrass Music

as the acoustical resonator guitar (sort of like a guitar, with a hubcap tacked on the front.)

The music is generally up tempo and the accent is on the clarity of the melody and, with the exception of a few novelty, nonsense songs like Salty Dog Blues, generally tell a story.

While many of the performers will be from Florida, there are some traveling from as far away as Huntingdon, West Virginia and as nearby as Georgia. Comedy also plays a great part in Bluegrass music. There will be several noted humorists picking and telling

jokes throughout the performances.

The fiddle competition promises to be a real barn burner with a number of former state fiddle champions as well as the present title holder, Jerry Berrie being present.

The shows will be held behind the H historic Desert Inn at the intersection of State Road 60 and U.S. Highway 441. It is just a half mile west of the Yeehaw junction interchange of the Florida Turnpike.

Campers are welcome but there will be no hookups for electricity or water. There will

Continued from Page 4

be a small charge for sanitation facilities.

The festival will be held under a giant circus tent so bring lawn chairs. There will be full meals available on the grounds as well as crafts and other concessions. Campfires must meet Yeehaw Junction Volunteer Fire Department regulations. Final eliminations are on Saturday and the finals will be on Sunday.

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Mail Check to

The Sun Newspaper
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Belle Glade, FL 33430

Lions Club honors long- time members

Belle Glade Lions Club President Curtis Stambaugh recently presented long time service awards to the following Lion members: Emil Wolf for 45 years, John Baker for 30 years and Ed Lively for 15 years. A special award was presented to Isabelle Lamb for her husband, the late Howard Lamb, who had been a Lion for 40 years.

The Belle Glade Lions Clubs Annual Christmas Auction was held at the Drawbridge Cafe. Chief Michael Miller as the auctioneer.

The Lions Club would like to thank all the businesses who donated items to be auctioned. The money raised at the auction will be used to assist the Lions Club in their eye sight programs and other community projects.



Land stewards actively manage their forestland and natural resources for the benefit of trees, wildlife and nature-loving Americans.

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EMT Classes at West Tech

EMT classes start

January 22, 1997

Mondays and Wednesdays

6:30 P.M. to 9:30 P.M.

Call (561) 996-4930.

Scholarships available!



Fat Boys' Bar-B-Q

For the Month of January
LUNCH SPECIALS

- *Monday - Open Face Turkey or Beef (Mashed Potatoes & Gravy & Veg.) - \$4.65
- *Tuesday - Country Fried Steak (Mashed Potatoes & Gravy & Veg.) - \$4.25
- *Wednesday - Catfish (Choice of Potatoes, Garlic Bread, Beans & Slaw) - \$4.75
- *Thursday - Pork or Beef Plate (Choice of Potatoes, Garlic Bread, Beans & Slaw) - \$5.50
- *Friday - Homemade Meatloaf (Mashed Potatoes & Gravy & Veg.) - \$4.99
- *Saturday - All U Can Eat Catfish (Choice of Potatoes, Garlic Bread, Beans & Slaw) - \$6.95
- *Sunday - All U Can Eat BBQ Chicken (Choice of Potatoes, Garlic Bread, Beans & Slaw) - \$5.95

DINNER SPECIALS

- *Monday - All U Can Eat Pork - \$6.95
- *Tuesday - All U Can Eat Chicken - \$5.95
- *Wednesday - All U Can Eat Catfish - \$6.95
- *Thursday - Steak night (10 oz ribeye) - \$8.95
- *Friday - All U Can Eat Ribs - \$6.95
- *Saturday - All U Can Eat Catfish - \$6.95
- *Sunday - All U Can Eat Chicken - \$5.95

All the above served with choice of Potatoes, Garlic Bread, Beans and Cole Slaw.
No Sharing on All U Can Eat and No To Go on All U Can Eat.
255 North U.S. Highway 27
South Bay, FL
(561) 996-5554

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Unsung Heroes...continued from page 1

or Georgia Tech.

When asked who he admires and gives credit to for helping shape him into the person he is today he replied, "There are so many people but these few really stand out above others, my Scout Master, James Shine Jr., Mr. James Boldin, who has treated me like a son, the staff, teachers and coaches at Glades Central and Lake Shore Middle School."

Robert Morris, 17, is the son of Catherine Morris of Pahokee. Robert is a sophomore at Pahokee Middle-Senior High School.

He is the captain of the rainbow team, a black history trivia team, and a member of the National Honor Society. Robert donates what spare time he has after homework and extracurricular activities to the library at Pahokee High School.

When asked who had the most influence on the remarkable young man he has become, Robert replied, "my pastor, Rev. Larry White." Maybe that's the reason he is donating \$5,000 of the school

arship to Shiloh Missionary Baptist Church for a summer reading program.

Robert credits his mother with doing a good job raising him to be a young community leader. "I've learned from experience that to get anything, you have to give. My mother taught me that."

Robert's advice to his peers and younger students is, "get involved with your community. Community service gives back to the person who gives. Just make sure your time is documented, otherwise scholarships like this will pass you by."

May Gamble, Principal of Pahokee High School said, "I'm really excited about Robert receiving this award. He really deserves it. I'm even more excited about how he is choosing to donate his money. He will make it possible for students and parents to get involved with a pleasurable reading program."

Rachel Barrios, 18, is a senior at Pahokee High School. She volunteers at the local Little League program

and volunteers throughout the summer and school year at Pahokee High School.

The majority of her volunteer time is spent tutoring migrant students, ages 6-10, at a program through St. Mary's Catholic Church of Pahokee.

Rachel has been a volunteer since 1991.

May Gamble, Principal of Pahokee High School, stated, "Rachel is a wonderful young lady and truly deserves this award. She's a hard worker and is really devoted. Both her and Robert are."

Lois Pope, founder and chairman of LIFE stated, "LIFE's Unsung Hero Awards recognizes the very best youth in our communities and rewards them, even though—rather, more precisely because—they don't start out seeking rewards."

There were only twenty high school students chosen for this award in the state of Florida and three of them came from the Glades. The Glades are filled with precious resources.



Thirty years of service not overlooked... Left to right: Doug Royster (Plant manager at Great Lakes Chemical), Ralph Codrington, Dennis Hester, and Charles Hyslope.

Great Lakes Chemical Corp. honors three employees for thirty years of service

Great Lakes Chemical Plant of Belle Glade honored three employees, Charles Hyslope, Dennis Hester and Ralph Codrington for thirty years of service.

their honor.

The men were presented a Seiko watch by plant manager, Doug Royster, at a banquet held in

Along with presenting the watches as a sign of Great Lakes' appreciation, Doug Royster talked briefly about the men's service.

School Zone of Belle Glade is pleased to announce their grand opening on Saturday, January 18, 1997, from 10:00 a.m. until 5:00 p.m. School Zone is an educational supply store specializing in materials, for elementary and intermediate grades.

We are located in 1100 N. Main Street, Suite 103, in Belle Glade (in Dino's Plaza). Please come in and browse and enjoy some refreshments.

Our regular store hours are 10 a.m. until 5 p.m. Monday through Saturday. Looking forward to seeing you!

Melanie Hager
Store Manager

Palm Beach Community College News

Register now to avoid missing out!

Palm Beach Community College's 12 week term registration is currently in process.

Registration concludes Tuesday, February 4, and classes are scheduled to begin Wednesday, February 5.

For more information about P.B.C.C.'s 12 week term, contact P.B.C.C. Central Campus in Lake Worth (561) 439-8100; Edward M. Eisey Campus in Palm Beach Gardens (561) 625-02410; P.B.C.C. Glades Campus in Belle Glade (561) 992-3055; or P.B.C.C. South Campus in

Boca Raton (561) 367-4580.

P.B.C.C. awarded degrees to a total of 628 students at fall term commencement exercises held December 19 at the West Palm Beach Auditorium.

The graduates include: Michael Roy Christ Tonya La Shawn Harvey Rosa M. Hernandez Glenda Maria Hooker Meira Maria Marin Luna Nelson Judy D. Williams Mohammed-Mohammed

Yaqub

Wanda Marie Bishop Elizabeth Steadman Boykin Luther Clay Davis Kristi Clinard Durrance Jean Tiffany Jarvis Melissa Elaine Munter Ramona Ramos Heidi Lynn Cortez Tonya S. Edwards Theresa Johnson Beverly Denise Lundford Sandra E. Petty Sherry M. Santos Artia Timisha Small Sheila Monique Lawrence

Congratulations to the Glades Campus Graduates as well as the other graduates of P.B.C.C.

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*Applies to economy-size cars rented from anytime Friday to 10AM, Monday for a 3 day total of \$41.97 now with 1000 FREE miles. Taxes, over-miles @ .20 per mile, CDW @ \$13.99 or less per day, and other optional items extra. Valid at South Florida locations.

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THIRD TERM COURSE ANNOUNCEMENTS

REGISTRATION for the third term is currently on-going in the main office. Day and Evening Programs will begin January 21, 1997 and end March 26, 1997.

DAY PROGRAMS

8:00 AM - 11:00 AM Morning Session
11:00 AM - 11:30 AM Lunch
11:30 AM-2:30 PM Afternoon Session

REGISTRATION FEES

*Free for qualifying students
Resident Fee: \$.50 per Class Hour
Non-Resident Fee: \$.85/Class Hour

Accounting (Bookkeeping)

Agricultural Machinery Services

Air Conditioning & Refrigeration

Automotive Collision Repair/Refinishing

Automotive Detailing/Reconditioning

Automotive Mechanics / Technology

Carpentry/Drywall Installation/Roofing

Child Care Provider / Preschool

Commercial Foods & Culinary Arts

Cosmetology

Data Entry

Diesel Engine Mechanics/Heavy Duty

Truck & Bus Mechanics

Electricity

ESOL (English for Speakers of Other Languages)

GED (General Education Promotion)

Information Processing (Word Processing)

Major Appliance & Refrigeration Repair

Medical Secretarial

PALS (Adult Basic Education)

Patient Care Assistant

Practical Nursing (August to August only)

SAIL Lab (System of Applied Individualized Learning)

Welding

EVENING PROGRAMS

Times vary depending on the course:

6:00 PM - 10:00 PM

6:30 PM - 9:30 PM

7:00 PM - 10:00 PM

REGISTRATION FEES

*Free for qualifying students

\$.75 per class hour

Average Cost: \$45.00

Agricultural Machinery Services

Air Conditioning & Refrigeration

Arts & Crafts (4-Week Class: Jan 21-Feb 11)

(4-Week Class: Feb 24-Mar 18)

Auto Body Repair & Refinishing

20-Hour Child Care (Not for CDA Certification)

(Feb. 3 - 26)

10-Hour Child Care (Not for CDA Certification)

(Owner/Operator: March 10 - 17)

Computer Applications (Windows 95 & 3.1)

+Cosmetology

Diesel Engine Mechanics/Heavy Duty

Truck & Bus Mechanics

EMT (Emergency Medical Technician)

ESOL (English for Speakers of Other Languages)

First Aid / CPR (Dates: TBA)

GED (General Education Promotion)

Home Remodeling & Cabinet Making

Lotus 1-2-3 for Windows

+Phlebotomy (Dates: TBA)

SAIL Lab (System of Applied Individualized Learning)

Truck Driving

Typing (Secretarial Services)

Upholstery

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Word Perfect 6.0 for Windows



A \$45 TEST COULD SAVE YOUR LIFE!



A Mammogram can find abnormalities in the breast the size of a pin head—in many cases years before they can be found by breast self-examination. According to the American Cancer Society, 1 in 8 women will get breast cancer. With early detection, 95% of breast cancers are curable. So please take advantage of this low cost offer. Between January 20 and January 31, 1997, Glades General Hospital will offer screening Mammograms for only \$45. To take advantage of this offer, you must schedule an appointment during this two week period and pay cash for the health services.

For an appointment, please call (561) 996-6571 ext. 460.

GLADES GENERAL HOSPITAL
1201 South Main Street
Belle Glade, FL 33430
(561) 996-6571
ext. 460

On January 22, 1997, Glades will also host an open house between 4:00 pm to 6:00 pm to introduce the community to the medical staff and staff members of its Women's Health Center. Staff includes Mammographer's Carol Oleski, RT (R)(M), Betty Kruse, RT(R). Also on staff are: Kristen Jackson, P.A.-C., Susie McMillan, ARNP, and Donna Kleban, M.D.

*A screening mammogram is not indicated for women with implants or for those experiencing symptoms such as a lump, tenderness, swelling, pain, discharge, or discharge.

The American Cancer Society's Screening Guidelines for women are:
Age 20-39: Monthly breast self-exam, clinical breast exam every three years. Baseline mammogram by physician prescription when indicated by strong family history of breast cancer.
Age 40-49: Monthly breast self-exam, annual clinical breast exam, mammography every 1-2 years, baseline mammogram by age 40.
Age 50+: Monthly breast self-exam, annual clinical breast exam, annual mammography.

Students from the Glades Tri-City Family Education Program payed a visit to Glades General Hospital to spread Christmas cheer

On Thursday, December 19, a group of students from the Glades Tri-City Family Education Program visited Glades General Hospital bearing gifts and good cheer for patients.

Offering holiday baskets made by students that were

filled with cuddly teddy bears, they wound their way through patients' rooms, caroling animatedly as they went.

Smiles were everywhere and patients' spirits seemed to soar. A joyful time was had by all.

The education program,

with G.E.D., E.S.O.L., and basic skills classes for adults and an early childhood program for their children is located in the administration building of the Glades Glen Housing Complex at 2000 South Main Street. Their phone number is 992-8068.

Gladesfest scheduled for February 7-9

The Cities of Belle Glade, Pahokee, and South Bay are coming together to promote a event that

is aimed at bringing the three small communities closer together.

The tri-cities have planned a

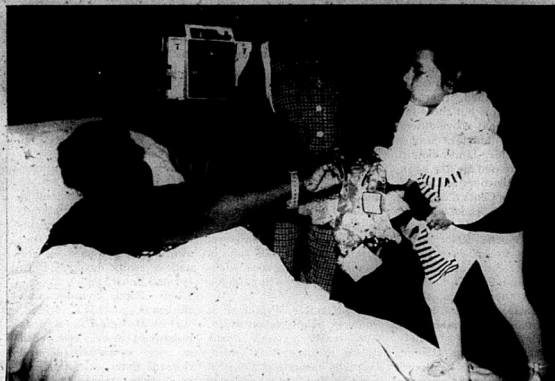
three day festival which is scheduled to take place on February 7, 8, and 9.

The festival will be kicked off with a parade which will include marching bands from the local schools, floats, and the reigning homecoming kings and queens.

There will be vending booths, concession stands, fair rides, and other attractions as well as a variety of entertainment.

Anyone requiring information, liking to make a contribution, participating in the parade, or rent a booth, please contact any one of the persons listed below.

Rev. Leon Camel Jr.
(561) 996-0939
Yolanda Hason
(561) 996-2874
Theresa England
(561) 996-7094



I hope this makes you feel better... This little girl gives a gift from the heart to one of the many patients in Glades General during the holidays.

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Buchanan named President's Scholar at Florida Southern

Beth Lynn Buchanan, daughter of Kenneth and Rosemary Buchanan and granddaughter of Rowe and Muriel Myers, has been named a President's Scholar at Florida Southern College in Lakeland, Florida.

Beth is a junior majoring in elementary education and specific learning disabilities. Beth achieved all A's in her course work this past fall term. She is also a member of Phi Eta Sigma and Kappa Delta Pi scholastic honoraries.

On campus, Beth is active in the Kappa Delta social sorority and the Diamond Girls, a support club for Southern's baseball team.

Last spring, she spent five weeks in England studying trends in English education through an exchange program

arranged by F.S.C.

When at home, she works for Glades Gas Company and substitutes teaches when she can.

Beth graduated as salutatorian from Glades Central High School with the class of 1994.



Beth Buchanan

Right: Hey Buddy, hands off... This Gator basketball player shows the opposition how well he plays defense by slapping the ball away from the Terriers' possession.



Baby giraffe born at Lion County Safari weighing 125 pounds and measuring 6 feet tall

As the sun started to peak over the horizon on Sunday, January 5, 1997, the staff at Lion County Safari were anxiously awaiting the birth of their newest addition.

At 8:00 a.m., after a gestation period of fourteen months, Paua, a twelve year old reticulated giraffe, delivered a six foot, 125 pound female who tumbled six feet to the ground and then stood on her own within twenty minutes.

The birth of Charlotte

increases the total giraffe population at Lion County Safari to fifteen; seven females and eight males, which roam freely in the Wankee National Park section of the 500 acre wild animal preserve.

Charlotte will be on a diet of her mother's milk and will be in isolation with her mother for eight to twelve weeks for her protection until being introduced to the rest of the herd.

Although giraffes have been

bred in captivity since 1939, a birth in captivity is still considered a special and dramatic event. Lion County Safari has been fortunate to have hosted this event on several occasions.

Charlotte can be seen in the last section of the preserve during regular park hours with her mother who had had three other babies.

For additional information contact Terry Wolf of (561) 798-1084 Ext. 350.

FAIR HOUSING WORKSHOP

City of Pahokee is a fair housing advocate. The City is holding a workshop to explain the fair housing ordinance for all of the protected classes (race, color, familial status, handicap, national origin, religion, and sex). The public is invited to attend.

This workshop is scheduled for Tuesday, January 28, 1997, at 7:30 p.m. in the Pahokee City Hall. Any handicapped, visually or hearing impaired person or non-English speaking person needing special assistance at the meeting should contact Mr. Ken Schenck, City of Pahokee, at 561-924-5534 at least five days prior to the meeting and assistance will be provided.



SENIOR SPECIALS
13 Entrees Daily

40 Item Breakfast Bar
Monday-Friday
6 am - 11 am

\$3.99 Seniors \$3.99

Saturday & Sunday \$4.99 Seniors \$4.99

Wednesday Night

CHICKEN OUT AT SHONEY'S
• BBQ Chicken
• Baked Chicken
• Fried Chicken
• Hot Vegetables
• Mashed Potatoes
Soup, Salad & Fruit Bar included with meal
\$6.99

SUPER SENIOR Tuesday
10 Items for **\$3.99**

11:00 am-Close
Steaks not included.
Soup, Salad & Fruit Bar are included with these meals.

SHONEY'S
(941) 983-0020
1030 W. Sugarland Hwy., Clewiston

Sunday Brunch

11 am - 2 pm

• Variety/Baked Chicken
• Hot Vegetables
• Mashed Potatoes
Soup, Salad & Fruit Bar included with meal
\$6.99

Thursday BBQ Night

• BBQ Chicken
• BBQ Ribs
• Hot Vegetables
• Mashed Potatoes
Soup, Salad & Fruit Bar included with meal
\$6.99

Monday - Sunday Steak Night

12 oz. T-Bone (Best Value) \$7.99 Every Night
8 oz. Ribeye \$6.99
8 oz. Sirloin \$7.99
6 oz. Sirloin \$6.99 Starts at 3 pm
6 oz. Steak & Shrimp \$7.99
Soup, Salad & Fruit Bar included with these meals

Delicious 40 Item Deli Bar
Wednesday, Thursday & Friday
11:30 am-2 pm **\$5.29**

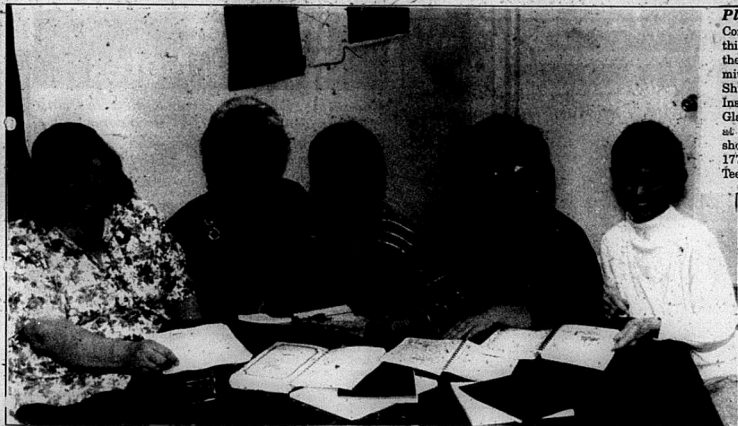
Monday Night COUNTRY BAR

• Meatloaf
• Country Fried Steak
• Fried Fish
• Hot Vegetables
• Mashed Potatoes
Soup, Salad & Fruit Bar included with meal
\$6.99

KIDS - 5-12 yrs **\$3.99**

Friday & Saturday Night SEAFOOD BAR

SEAFOOD BAR
\$7.99
5-8:30 pm
Hot Vegetables, Soup, Salad & Fruit Bar included with these meals



Hemphill's to lead gospel sing at Good Shepherd Church of God

Evangelists and gospel singers Joel and LaBreeska Hemphill will perform at a Gospel Sing scheduled for Thursday, Jan. 23 at 7:30 p.m. at the Good Shepherd Church of God in Pahokee. The event will also feature local singer Carol Peaden of Pahokee.

The Hemphills began their

ministry over 30 years ago as an evangelistic preaching and singing team. Joel has written and the couple has recorded over 250 songs.

Along with their children, they have received six Dove Awards and recorded 25 albums. They have had numerous Number One records and

Top Ten Hits, including "He's Still Workin' on Me", "Consider the Lilies", "Pity the Man", "The Only Real Peach", "Paid in Full", and "The Party's Over."

The Hemphills are frequent television guests and recently appeared on the "Pat Boone Show" and on TBN's "Praise the Lord."

Good Shepherd Church of God is located at 1800 Bacom Point Road, Pahokee. A free will offering will be taken during the gospel sing. The public is invited to attend.



JOEL AND LABREESKA HEMPHILL will perform at the gospel sing Thursday, Jan. 23 at 7:30 p.m. at the Good Shepherd Church of God in Pahokee.



Carol Peaden

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FIVE DOLLARS

Planning for the Jubilee Cookbook. Black Gold Jubilee Committee members will be offering a community cookbook as part of this year's festivities. Members of the Glades Art Group will be doing the artwork for the cookbook. They are shown here with cookbook committee members. From left are: Glades Art Group member Dorinda Shutts, Jubilee and Cookbook Chair Sue Teets, Glades Art Group Instructor Ann Tyler, Cookbook committee member Bobbie Mathis and Glades Art Group member Jane Schoenfeld. Recipe forms are available at City Hall, the Chamber of Commerce, and The Sun. All recipes should be submitted by January 31 to Black Gold Jubilee, P.O. Box 1774, Belle Glade, Florida 33430. For further information, contact Sue Teets at 996-0100 or Brenda Bunting at 996-4404.

One Day Amateur Team Tournaments

BASS LOVERS, INC. First Place
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Amateur Tournaments
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Entry blanks can be picked up at this newspaper office

Entry fee is \$125 per boat accepted until 5:00 a.m. the day of the tournament • 20% of field (1 of 3) will receive payback • No off limits • Boat horsepower not to exceed 200 • Cash prizes • 1st place cash, trophy and points • Top 25 teams plus 5 wild card teams invited to annual Bass Bonanza • Receive early blast of position with 50% deposit of entry fee • 10 cents a pound donated to local Boy Scout Troop.

Tournament Schedule

January 25	Lake Okchocchoe - Roland Martin Marina, Clewiston, FL	813-983-3151
February 15	Lake Toho - Kissimmee Docks, Downtown, Kissimmee, FL	407-847-5000
March 22	St. Johns River - Crystal Cove Marina, Palmdale, FL	949-312-0065
April 26	Lake Seminole - Jack Wiggins's Lunker Lodge, Bainbridge, Ga.	912-346-0659

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January 30, 1997

Western Palm Beach County Business Directory

February 27, 1997

Western Palm Beach County Medical Directory

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\$22 Adults • \$5 Students



An award-winning, off-Broadway show and hit movie, this drama portrays the growing friendship between an unlikely pair. The play is set in Atlanta and follows the lives of an elderly lady who still wants to drive her car and the man hired as her chauffeur by her son. Full of comedy and emotional moments.



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<p>Purulator Motorator Or AC Oil Filters 2/5.00 Reg. Up To 8.99</p>	<p>R Your Choice! AM/FM Cassette Stereo or Tuner 6x9 3-Way Stereo Speakers \$250.00 24.99</p>	<p>MAREMONT Cherry Bombs Saves Up To \$10.00 9.98</p>	<p>BLACKSTONE Lifetime Warranty 10.99 49.99 ELECTRIC FUEL PUMPS 24.99 to 129.99 ON QUANTITIES IN STOCK</p>
<p>CARBURATOR SPECIAL ORDER AAA Carburetor Rebuilding or Carburetor Remanufactured Carburetors See Store For Details COLUMBIA PRODUCTS, INC.</p>	<p>Remanufactured Engines Chevy 305, 350 or Ford 302 From \$699 With Exchng</p>	<p>Belts & Hoses Automotive "V" Belts 4" to 6" Serpentine "X" Belts 3" to 21" 2" to 29"</p>	

Sale Good Thru January 21, 1997

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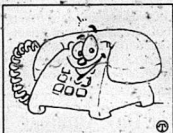
November is National Diabetes Month, made possible by educational grants from MediSense, Inc., Cary's Sugar Free Syrup, and the Campbell Center for Nutrition and Wellness. For more information on eating well, or local activities, call the American Diabetes Association at 1-800-4A-DIABETES (1-800-424-2383).

Free information on faucets, sinks and other plumbing products is available from Moen by calling 1-800-553-PLENN.

For information on the Lions Clubs International "World Bank of Ideas" community improvement program contest, call 1-888-339-5472.

For a free personalized LDL target report and information on cholesterol, call 1-888-VOLUR-LDL.

For Antinori's Tuscan Table, a free 16-page booklet of traditional Tuscan recipes and wine recommen-



dations, send a self-addressed 6" x 9" or larger, stamped 55¢ envelope to: Antinori's Tuscan Table, c/o Remy's Amerique, Inc., 1550 Avenue of the Americas, New York, NY 10019.

For a Valley Forge and Montgomery County Visitors Guide and Calendar of Events listing information on historic sites, attractions, events and hotel and dining information, call toll-free: 888-VISIT VF or 810-834-1550.

For information on unique telephones, call Nortel at 1-800-4Nortel code 40.

MANAGING YOUR MONEY

Investing Lump Sum Distributions

by Linda Coughlin,
President of the AARP Investment Program from Scudder

(NAPS)—A lump sum distribution from your retirement plan, either because you're retiring or leaving your present job, is likely to be the largest single cash sum you've ever received. However, it need not be overwhelming.

Understanding your choices and what they mean can help you have your distribution and use it too.

Don't look at the distribution as a "windfall." It's really one of the three pillars—Social Security, private savings and your employer's retirement plan—that you'll need to support you in your retirement.

Unless you plan to spend all of the distribution, you will have to decide where to save or invest it. One factor in deciding should be the amount of time you have to reach your investment goal. The more time you have, the greater the potential of your money to work for you and the better you can tolerate short-term market changes.

Possible objectives can include:

- Having easy access to your money.
- Keeping your principal safe.
- Earning income.
- Growing the value of your capital over time to keep ahead of inflation.

Most people would like to achieve all or at least most of these objectives, but they are not all compatible. Generally, the more you emphasize one of them, the less you can count on achieving one of the others. The return you receive is related to the risk you assume.

When making investment choices, consider how comfortable you are taking risks with your money. Generally money market instruments such as Treasury bills provide the most principal safety and liquidity; bonds the most consistent income and stocks offer the greatest growth.

Finally, be aware that there are significant tax factors involved with lump sum distributions. Be sure to consult with your tax adviser before receiving the payment.

Free Booklet
You can learn more from a free booklet, *Receiving a Lump Sum Distribution: A Guide for Investors Aged 50 and Over*. For a copy, call 1-800-322-2282, ext. 6892.

Contact the AARP Investment Program from Scudder, Scudder Investor Services Inc., Distributor for a prospectus containing more complete information about the Program, its expenses, the rules of Scudder and AARP and fees they may receive. Please read these materials carefully before you invest or send money. Scudder Investor Services, Inc., Underwriter of the nine funds for the AARP Investment Program, Two International Place, Boston, MA 02115.



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Internet News & Notes

Companies Drive Volunteer Efforts To Bring Internet To All U.S. Classrooms

(NAPS)—It's no secret that the Internet represents the future of education and business in the U.S. and throughout the world, and that our children need to become proficient in utilizing this resource to be able to compete in the 21st century. If you're one of the many who feel that the Internet is passing your children by, there's help on the horizon.

Early in 1996, a movement began in California and quickly spread throughout the country. That movement, dubbed NetDay96, is intended to bring the power of the Internet into every K-12 classroom throughout the U.S.

NetDay96 has brought together thousands of volunteers including: companies; business professionals; government officials and local community members to actually install Internet cable in schools throughout the country.

The one-day pilot effort in California resulted in more than 50,000 volunteers turning out to install more than six million feet of cable in classrooms, bringing more than one million students closer to accessing the Internet. Among the volunteers pulling cable were President Bill Clinton and Vice President Al Gore.

One company that has been in the forefront of the effort to help prepare our children for the 21st century through its NetDay96 support has been DCI, the Andover, Massachusetts-based company that is the largest U.S. producer of high technology education and trade shows.

DCI has committed hundreds of thousands of dollars worth of support toward the recruitment of volunteers and the solicitation of corporate donations of money,

equipment and services to achieve the NetDay96 goals. In addition, DCI has provided free professional training for volunteers in the installation and testing of Internet cables, and to teachers in the use of these tools in daily classroom instruction.

During DCI's Internet Expo, one of the world's largest Internet conferences, held recently in Boston and attended by more than 40,000 persons, the company donated booth space to the national state and City of Boston NetDay96 organizations to help recruit volunteers and solicit corporate and private donations.

One computer industry executive, on meeting with Boston Mayor Thomas M. Menino at the NetDay96 booth, was so inspired, by what he saw that he presented the Mayor with his business card, on the back of which he had pledged a \$300,000 equipment donation.

DCI will provide support comparable to the Massachusetts effort at its Database & Client Server World in Chicago, and the Internet Expo conferences scheduled for San Jose, CA, February 18-20 and Chicago, IL, April 22-24, 1997, according to Ronald J. Gomes, President of DCI.

"DCI's involvement is based on our belief that investing in our schools and our children today is investing not only in the future generation but in the future of businesses itself," Mr. Gomes said in explaining DCI's support.

To learn how you or your company can become involved, visit the NetDay96 Web Page at <http://www.netday96.com>, or DCI's Web Page at <http://www.DCIexpo.com>.

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FIRST PUBLIC HEARING NOTICE

The City of Pahokee is considering applying to the Florida Department of Community Affairs (DCA) for a Small Cities Community Development Block Grant (CDBG) of up to \$750,000. These funds must be used for one of the following purposes:

1. To benefit low and moderate income persons; or
2. To aid in the prevention or elimination of slums or blight; or
3. To meet other community development needs of recent origin having a particular urgency because existing conditions pose a serious and immediate threat to the health or welfare of the community and where other financial resources are not available to meet such needs.

The categories of activities for which these funds may be used are in the areas of housing, neighborhood revitalization, commercial revitalization, or economic development and include such improvement activities as acquisition of real property, loans to private-for-profit business, purchase of machinery and equipment, construction or infrastructure, rehabilitation of houses and commercial buildings, and energy conservation. Additional information regarding the range of activities that may be undertaken will be provided at the public hearing.

For each activity that is proposed, at least 70% of the funds must benefit low and moderate income persons.

In developing an application for submission to DCA, the City of Pahokee must plan to minimize displacement of persons as a result of planned CDBG activities. In addition, the City of Pahokee is required to develop a plan to assist displaced persons.

The public hearing to receive citizen views concerning the community's economic and community development needs will be held at City Commission Chambers on Tuesday, January 28, 1997 at 7:30 p.m. For information concerning the public hearing, contact Mr. Ken Schenck, City Manager, City of Pahokee, 171 North Lake Avenue, or telephone 561-924-5534.

A public Hearing is being conducted in a handicapped accessible location. Any handicapped person requiring an interpreter for the hearing impaired or the visually impaired should contact Mr. Ken Schenck at least five calendar days prior to the meeting and interpreter will be provided. Any non-English speaking person wishing to attend the public hearing should contact Mr. Ken Schenck at least five calendar days prior to the meeting and a language interpreter will be provided. To access a Telecommunication Device for Deaf Persons (TDD) please call 1-800-955-8771. Any handicapped person requiring special accommodation at this meeting should contact Mr. Ken Schenck at least five calendar days prior to the meeting.

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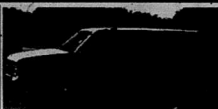
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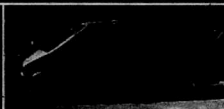
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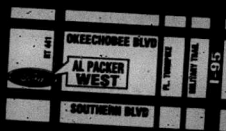


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GLOBAL BUSINESS OPPORTUNITY. Direct marketing. Outstanding support. Knowledge systems. Start up under \$10,000. 90% profit margin. Potential six figures within 6 months. 800-432-0018, ext. 1554.FCAN. 1/16

VENDING \$\$\$ GREAT OPPORTUNITY in the small vending machine industry. Quick return on investment. Profitable machines on location. \$400. Call for free brochure. 800-466-8913.FCAN.1/16

BUSINESS SERVICES

STEVE'S MOWING SERVICE Lots, acreage and bush hog. Call (407)996-9527. 1/16

MOWING COMMERCIAL AND RESIDENTIAL For more information call 996-8894. Ask for John or leave message. 1/16

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COMMERCIAL PROPERTY

1400 SQUARE FEET OF OFFICE SPACE with plenty of off street parking. Former accountant's office in good condition and very well located. Offered at \$85,000. Call Thompson-Broker 996-5264. 1/16

HOMES FOR SALE

FOR SALE: NEWER 3BR, 1BA, CBS home in South Bay. Financing provided. Call for info: 996-4524. 1/16

BEAUTIFUL 2 1/2 HOME for sale outside South Bay city limits. Send inquiries to: Penny Laessing, PQ Box 1791, Naples, FL 34106. 1/16

HOMES FOR PENNIES ON THE DOLLAR! 1000s of VA, HUD, FHA & bank repossessions. Gov't financing, low or no down. List for your area. Call toll free 1-800-407-3308, ext. 2091.FCAN. 1/16

3/2 CBS, SOUTHEAST SECTION, one car garage, family room, brick fireplace, CASH, sec. sys., corner lot w/irrig. fence. 12x20 uti. bldg. 996-7487. 1/16

MODULAR FORECLOSURE in process of being rehoused. 3BR, 1BA with central air and chain link fence. Offered at \$40,000. Call Thompson-Broker 996-5264. 1/16

EXTRA NICE 2BR APARTMENT on one acre. Good income. Lots of fruit trees. Live cheap! Offered at \$95,000. Call Thompson-Broker 996-5264. 1/16

SUPER NICE 2BR WITH BEAUTIFUL KITCHEN and central air, of course. Out dead end street. Offered at \$38,000. Call Thompson-Broker 996-5264. 1/16

EMPLOYMENT

DRIVERS - SOLO/TEAMS/OWNER OPERATORS. Teams - \$100K+, 2 owner Trainers - \$70K+ Top owner operator program. Conventional/Coast-to-Coast. Bonuses, benefits. Covenant Transport (experienced) 1-800-441-4394 Ext. SB-5. (Graduates) 1-800-338-6428 Ext. SB-5. Weekend recruiters.FCAN. 1/16

LPNs & RNs, PALM BEACH COUNTY JAIL. EMSA is interviewing LPNs for PT/ALL SHIFTS in Belle Glade & for RNs for FT/NIGHTS at the stockade. Apply for FT/NIGHTS at the stockade. Apply for FT/NIGHTS at the stockade. Apply for FT/NIGHTS at the stockade. 1/16

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ants must meet the following requirements: strong clinical background with a minimum of 1 year of hospital exp., current FL license & CPR card. Excellent salaries & benefits offered. For more details, please call Cathy at 800-423-3672, ext. 5098.EEO/AA Employer, M, F, H, V. 1/16

H & R BLOCK IS TAKING APPLICATIONS for full and part time tax preparers and computer operators for this tax season. Apply at 349 NW 16th St., #105. 1/16

CAREGIVER. This position is a trainee position, receiving guidance and directions from Teamleader and Asst. Teamleader. High school diploma or GED and previous exp. in an early childhood program or a desire to take direction and learn the skills of a caregiver while participating in the classroom setting and work toward a GED. Seasonal November/Dec. Bilingual desired. Deadline: January 17, 1997. East Coast Migrant Head Office, O'Brien Center, P.O. Box 635, Belle Glade, FL 33430. ATTN: Carolyn Stydell. 1/16

BECOME A DENTAL ASSISTANT in Belle Glade. We will train you. English/Spanish speaking preferred. Call Mercedes at 996-0146. 1/16

FRONT DESK ASSISTANT for busy dental office. Duties include computer, phone, typing, filing, collections. English/Spanish speaking preferred. Call Mercedes at 996-0146. 1/16

CHILDREN'S CASE MANAGERS (one part time & one full time). Bachelor's Degree in one of the Social Sciences required. Excellent communication skills both written and verbal required. Some experience working with children and families. As a case manager, you will be working with a team of Master's Level Therapists and Psychologists to provide needed mental health services to children and their families. Excellent benefits for full time employees. Salary: Full time, \$21,500; part time, \$10,750. Send resume to: Marilyn Ward, West County Mental Health Clinic, 1024 NW Avenue D, Belle Glade, FL 33430 or fax to: 992-1355. NO PHONE CALLS PLEASE. 1/16

COUNSELOR. Bachelor's Degree in Social Work or closely related field required. You will be planning, organizing and conducting group activities for adult members of our Enrichment Program. Experience in group activities and excellent communication skills a must. This is a full time position with excellent benefits and a starting salary of \$21,500. Send resume to: Marilyn Ward, West County Mental Health Clinic, 1024 NW Avenue D, Belle Glade, FL 33430 or fax to: 992-1355. NO PHONE CALLS PLEASE. 1/16

CHILDREN'S PART TIME THERAPIST. Master's Degree required. Excellent clinical and communication skills a must. Two years experience working with children and their families required. This is a part time professional position. Hours and hourly rate to be negotiated. Send resume to: Marilyn Ward, West County Mental Health Clinic, 1024 NW Avenue D, Belle Glade, FL 33430 or fax to: 992-1355. NO PHONE CALLS PLEASE. 1/16

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ATTENTION CORRECTIONAL OFFICERS! South Bay Correctional Facility, a Wackenhut Corrections Corporation facility, is hiring certified correctional officers. Salary: \$26,300 annually plus benefits. Details, please call Valerie Harrell 561-992-2505. EOE M/F/H/V. 1/16

SOUTH BAY CORRECTIONAL FACILITY, a Wackenhut Corrections Corporation facility, is looking for:
-Building Maintenance/Custodial
-Culinary Art Instructor
-Nursery Operator
-RN (night)
-LPN (night)
-Academic Instructors
-Psychologists/Specialist
Candidates must have valid Florida certification and license. Excellent salary and benefits. Contact Valerie Harrell 561-992-2505. EOE M/F/H/V. 1/16

AGRICULTURAL ASSISTANT: maintain rice research, ditches, dikes, general research facilities; prepare & maintain plot areas, fertilize, control pests & weeds; bio. & chemical/pesticides & fertilizers. Collect samples, process samples (threshing grains, weigh plant material, measure soil moisture, etc.) maintain & service equipment (mowers, trimmers, tillage, planters, harvesters); set up experiments, prep. & calibrate equipment, apply chemicals/stake out plot areas. Contact Dr. Monika Reuter, P.O. Box 8003, EREC, Belle Glade, FL 33430. Tel. 996-3062. 1/16

COMMUNITY LIAISON for Glades area. Experience in community development, knowledge of health and human services preferred. Excellent communication and computer skills required. Available some evenings and weekends. \$26,000. NO CALLS, mail resume to: CIS, 114 North St., St. Louis, MO 63101. FL 33460. 1/16

PART TIME DRIVER WCDL, split shift, Glades Area ARC, 4250 NW 16th St., Belle Glade, 996-5553. EEOE, Drug Free Workplace. 1/16

POSTAL JOBS. \$12.60/hr. to start, plus benefits. Carriers, sorters, clerks, computer trainees. For an application and exam information, call 800-636-5601, ext. 30, 9am to 9pm, 7 days. 1/16

STORE MANAGERS. Town Star Food Stores now interviewing qualified candidates. Must have a minimum of one year successful convenience store management experience. Our managers receive top pay, 401k, health ins., vacation and credit union available. Apply in person at: Town Star, 301 N. Main St., Belle Glade, or call 561-996-8261. Ask for Irma. 1/16

FULL & PART TIME SALES ASSOCIATES. Town Star Food Stores now hiring. Apply at any Town Star Food Store. 1/16

CRUISE SHIPS HIRING. Earn up to \$2000+ per month working on cruise ships or land-tour companies. No exp. necessary. For info call 1-206-971-3552, ext. CB5522.FCAN. 1/16

NOTARY - MUST HAVE NOTARY CERTIFICATE, willing to travel to borrower's home for signing loan documents. Call 800-500-0610, ext. 306. Leave message. FCAN. 1/16

BURGER KING
ASSISTANT RESTAURANT MANAGER
Immediate opening for highly motivated responsible individual at Burger King in Lake area. If you are friendly, hardworking, neat and ambitious, and committed to providing excellent customer service, you are wanted. We will train. Fast food experience helpful. We offer competitive benefits. Salary starting at \$18,000 yearly. Send resume to: Southern Management Corp., 324 S.W. 16th St., Belle Glade, FL 33430. Attn: Red Ellinger. 1/16

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Has a New Job Line.
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Call 941-902-3085

MISCELLANEOUS FOR SALE

DETROIT DIESEL ENGINE, Model 271. Runs good. \$900. 561-655-8299. 1/16

\$100 IN GROCERY SAVINGS! For free information, send SASE to: W. Marcatt, 6825 Tanglewood Bay Drive, Suite 110, Orlando, FL 32821, or call 407-238-1723. FCAN. 1/16

CABLE TV DESCRAMBLERS. SA, Jerrold, Pioneer, Zenith. Lower prices. 1 year warranty. Visa, Mastercard, Discover, COD. 30 day trial. 800-211-4125. Programming purchase not included. FCAN. 1/16

\$495 POOLS!! POOLS \$495!! Free installation. Pre-season sale. New 19x31 family size pool. Incl. deck, filter, timer, more! 100% financing. 800-580-8488. FCAN. 1/16

BIG SCREEN TV. Take on small monthly payments. Good credit a must. 800-396-3970. 1/16

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SUPERSHOW PRICES EVERY DAY!
We beat any RV Super show price the entire month of January. Guaranteed! Major manufacturers & models represented. RV World of Nokomis, 800-262-2182, ext. 39. FCAN. 1/16

SUPER NICE DOUBLEWIDE on its own lot. Central air and appliances. Looks like new. Offered at \$36,000. Call Thompson-Broker 996-5264. 1/16

NOTICES
NEED CASH? I buy old coins, guns, and pocket watches. Call 407-996-9400. 1/16

PERSONALS

CHRISTIAN NETWORK in buying/selling consumable/durable goods/services from/to other Christians who live in small towns/rural settings where Christianity is practiced more, "reputation" counts and pastors/deacons are more likely to rebuke promise-breakers. Call 800-462-2000 (8am - 8pm weekdays). The Christian Commercial Network, Voltech, Inc. FCAN. 1/16

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HAPPY JACK TRIUMPHWIDE: Recognized sale and effective against hook, round & tapeworm in dogs & cats. Available at farm, feed & hardware stores.FCAN. 1/16

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PAHOKEE NOW RENTING! 1 bedroom \$238, 2 bedroom \$295 and \$350, 4 bedroom \$500. per month. Nice & clean apartment building at 314 Rardin Ave. Now accepting Section 8 rent subsidy. Call Parker Apartments at 924-5493 or 924-1959. 1/16

WEEKLY/DAILY SUMMER SPECIAL LOW RATE. Room/Kitchenette - Daily, weekly, affordable rates. Walking distance from restaurant, shopping center & hospital. WALDESSA MOTEL. Call (407) 996-3827. (930)996-3309/97. 1/16

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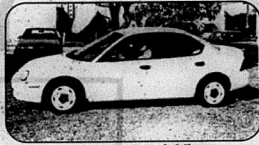
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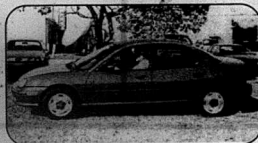
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Auto, A/C, AM/FM Stereo, Cruise, Tilt, Only 17681 Miles
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Auto, A/C, AM/FM Stereo, Power Locks
"A Well Kept One Owner Car!"



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Auto, A/C, AM/FM Stereo, 2286 Miles,
A Nice Clean Car
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Auto, A/C, AM/FM Stereo, Power Windows & Door Locks,
Cruise, Tilt, 2941 Miles



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Auto, A/C, V6, AM/FM Stereo, Power Seats - Windows - Door Locks,
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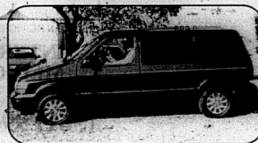
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Full Power, Leather Interior, CD Player, Power Sun Roof, Super,
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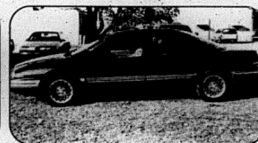
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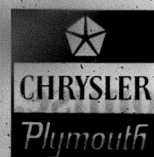
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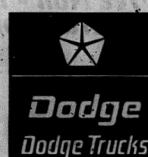
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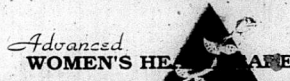
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